



www.sqsaparade.com

# Winter 2010 Learn to Skate Program 10 Class Sessions start Jan 09, 2010 At PARADE ICE GARDEN MINNEAPOLIS, MN

**Saturday: 10:00AM-12:00PM Starts 1/09/10 \* No class 3/6/10**  
**Tuesday: 5:30PM- 7:00PM Starts 1/12/10 \* No class 3/2/10**  
**Thursday: 4:30PM- 5:30PM Starts 1/14/10 \* No class 3/4/10**

### Class Descriptions:

Tots: Basic skating / standing skills for children ages 3 – 5.  
SUPER Tots: Parent and child tot class – see website for more information.  
Pre-Alpha: Two foot glides, one foot glides, forward swizzles, backward wiggle, and backward swizzles for children ages 6 – 12.  
Alpha: Forward stroking, forward crossovers, snowplow stop.  
Beta: Backward stroking, backward crossovers, t-Stops.  
Gamma: Outside 3 turns, Mohawks, two foot hockey stop.  
Delta: Outside / Inside edges, inside 3 turns, bunny hop, lunge / shoot the duck.  
Adult: for teens / adults of all levels.

### - TESTING WILL BE HELD THE LAST DAY OF THE 10-WEEK PERIOD -

- Skaters are encouraged to wear helmets
- Beginner skaters are encouraged to wear GOOD, LEATHER FIGURE skates. **SKATES MAY BE RENTED FROM PARADE ICE GARDEN. No double blades.**
- **Parents are not allowed on the ice during instruction or IN the Studio rink while classes are in session. Classes may be viewed from the lobby.**
- No refunds, unless class is cancelled due to low enrollment
- Skaters will be evaluated on the first day of class to ensure that they have been registered for the proper level.

**ALL CLASSES HELD IN THE STUDIO RINK, PARADE ICE GARDEN, 600  
KENWOOD PARKWAY, MINNEAPOLIS MN 55403  
(JUST WEST OF THE MPLS SCULPTURE GARDEN AND WALKER ART CENTER)**

I HAVE SIGNED UP FOR \_\_\_\_\_(Day) Class Level \_\_\_\_\_ Time \_\_\_\_\_

Keep this half for your records.

Class Level	Day/Time offered	Cost for 10 week session	Check to sign up
<i>Pre Alpha &amp; Alpha (circle one)</i>	Tuesday 5:30-6:00 pm	\$100.00	
<i>Alpha &amp; Beta (circle one)</i>	Tuesday 6:00-6:30 pm	\$100.00	
<i>Adults</i>	Tuesday 6:30-7:00 pm	\$100.00	
<i>SUPER Tots</i>	Thursday 10:00-10:45 am	\$108.00	
<i>Tots</i>	Thursday 4:30-5:00 pm	\$100.00	
<i>Pre-Alpha</i>	Thursday 5:00-5:30 pm	\$100.00	
<i>Tots</i>	Saturday 10:00 – 10:30 am	\$100.00	
<i>Pre-Alpha</i>	Saturday 10:30 – 11:00 am	\$100.00	
<i>Alpha</i>	Saturday 11:00-11:30 am	\$100.00	
<i>Beta</i>	Saturday 11:30-12:00 pm	\$100.00	
<i>Gamma &amp; Delta (circle one)</i>	Saturday 11:30-12:00 pm	\$100.00	

Winter Session Total \$ \_\_\_\_\_

Skater's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Parent(s)/Guardian Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Other Phone (Cell) \_\_\_\_\_

Email Address: \_\_\_\_\_

I skate in this class at my own risk and hereby release ISI, the host facility and their officers, directors, instructors, and personnel from all liability. I declare that the information above is true.

Signed: \_\_\_\_\_(parent/guardian) Date: \_\_\_\_\_

**Send this form and full payment to:**

**SQSA's Skating School**

**Care of: Raleigh Weld,**

Parade Ice Garden

600 Kenwood Parkway

Minneapolis, Minnesota 55403

Email: [raleighweld@yahoo.com](mailto:raleighweld@yahoo.com)

Phone: 612-370-4846 (extension 3)